



## Habits of Mind

### Listening with Understanding and Empathy

*means*

- Understanding → Knowing what others are going through.
- Listening → Helping others by knowing how they feel.
- Eye contact → Listening to what others have to say.
- Don't talk, listen →

**220,000 Victorians are living with Epilepsy.**

Discuss this fact and jot key points on the Y-Chart below in regard to Listening with Empathy.

**Looks Like**

**Sounds Like**

**Feels Like**